

# Quick Start Guide: Young Professional Programme



Youth Employment UK offers free skills and careers resources for 11 - 30 year olds. Our **Young Professional Programme** is a comprehensive set of online courses which help young people explore themselves, their strengths, their skills and interests, and help them build skills to transition into what's next.

They are able to:

- Explore their skills and abilities and the support available wherever they are on their journey.
- Develop an understanding of their skills and knowledge through a range of self reflection and evaluation tasks.
- Learn about the workplace, how to find attractive jobs and be successful once they are in them.
- Develop the skills to showcase their qualities, such as CV writing, writing good personal statements, and answering interview questions.

## What does it include?

<b>Course</b>	<b>Preparing for your Future</b>
<b>Age range</b>	16 and under
<b>Average learning hours</b>	1 hour per module (5 hours total)
<b>Modules included</b>	<ul style="list-style-type: none"><li>• All About You</li><li>• You, Your Education and Training</li><li>• You and Your Life Skills</li><li>• Building Your Life and Work Experience</li><li>• Your Career Goals and Plans</li></ul>

# Quick Start Guide: Young Professional Programme



<b>Course</b>	<b>Journey to Work</b>
<b>Age range</b>	17+
<b>Average learning hours</b>	1 hour per module (8 hours total)
<b>Modules included</b>	<ul style="list-style-type: none"><li>• You and Your Needs</li><li>• Your Confidence and Emotions</li><li>• Your Goals and Future Plans</li><li>• Your Education and Training</li><li>• Your Skills for Life and Work</li><li>• Your Life and Work Experience</li><li>• Take Charge of Your Career</li><li>• The World of Work</li></ul>

<b>Course</b>	<b>In Apprenticeships: Learn, Develop &amp; Grow</b>
<b>Age range</b>	Anyone currently completing an apprenticeship
<b>Average learning hours</b>	1 hour per module (6 hours total)
<b>Modules included</b>	<ul style="list-style-type: none"><li>• You and Your Apprenticeship</li><li>• Managing Your Learning</li><li>• Skills for Life and Work</li><li>• Being in Work</li><li>• Confidence and Emotions</li><li>• Goals and Future Plans</li></ul>

# Quick Start Guide: Young Professional Programme



<b>Course</b>	<b>Explore Apprenticeships: Learn &amp; Grow</b>
<b>Age range</b>	Anyone interested in finding out more about apprenticeships
<b>Average learning hours</b>	1 hour per module (1 hour total)
<b>Modules included</b>	<ul style="list-style-type: none"><li>• Explore Apprenticeships</li></ul>

## Meeting Careers Expectations and Benchmarks

The Young Professional Programmes have been designed using the Journey to Employment framework and have been mapped to the Gatsby Benchmarks, the CDI framework and skills related content is aligned to the SkillsBuilder Partnership.

We have a set of module maps which explain what is covered in each module, and how it maps to the Gatsby Benchmarks and CDI Framework.

You can find our module maps here:

- [Journey to Work Module Map](#)
- [Preparing for your Future Module Map](#)

# Quick Start Guide: Young Professional Programme



## Can I monitor students' progress?

Yes! The programmes are made to share and celebrate success and progress.

By signing your school/college/education provision up as a Young Professional Provider, you can enrol cohorts onto our courses, and monitor and track their progress.

To sign up as a Young Professional Provider completely free, please complete the following [form](#) and we will be in touch to organise a call.

## How do young people get started?

The Young Professional Programmes requires young people to register to the website and opt in to the courses. Registering allows us to personalise the experience and save progress too.

Alternatively, by becoming a [Young Professional Provider](#), we can create groups for you, so that you can enrol young people onto our courses. They will be sent an automatically generated Login and will be able to access the courses that you would like to assign them.

# Quick Start Guide: Young Professional Programme



## 1. In the Classroom or group activities

Every module starts with a short video (less than two minutes) which is a great way to introduce the topic and talk through the learning outcomes and subjects the module will cover.

The modules can easily be delivered as a 'whole group activity', with many resources being downloadable. When learners login they do have their own digital workbooklet to use but if the setting works better with downloaded booklets and resources then this is possible to do as well.

Our module map can help you to plan out the way you would like to deliver the course, some providers use tutorial time or PSHE time to deliver smaller chunks of content.

## 2. Independent learning

The Young Professional Programme can be used in any setting where young people are. One benefit of the programme is that learners have independent access to the programme content. When added to your group, they will be sent login credentials whereby they can access the course. When combined with the group management facility, it means the courses can be delivered and monitored without the need to be with the learners.

You may choose to run an introduction assembly to the programme and share the benefits and then let young people use it at their own pace or you may want to run check in sessions across the term.

# Quick Start Guide: Young Professional Programme



## 3. Homework

Some providers use this independent learning method and set The Young Professional courses as Homework. We have seen this work really well by setting individual lessons as homework once a week.

Another good suggestion is to seek out the quiz activities in each lesson and set that section as homework.

## Contact us



[info@youthemployment.org.uk](mailto:info@youthemployment.org.uk)



[www.youthemployment.org.uk](http://www.youthemployment.org.uk)



[@YEUK](https://twitter.com/YEUK)



[@YouthEmploymentUK](https://www.facebook.com/YouthEmploymentUK)



[@youthemploymentuk](https://www.instagram.com/youthemploymentuk)